

HEARKEN YE WOMEN

FOR THE SUNDAY OF THE MYRRH-BEARING WOMEN

FROM THE PENTECOSTARION

EXAPOSTILARION

MODE  THI 



eark-en, ye wom - en, and ____ give ear un - to the voice
 ____ of joy, ____ for I have tram-pled down ty - rant Ha - - - des
 and raised the world from ____ cor - rup - tion. Has - ten ye quick - ly
 and ____ pro - claim the glad - some tid - ings to ____ My friends; for
 I have willed that joy ____ shine forth thence up - on all My ____ cre -
 - a - - tion from whence there first came ____ forth sor - row.

Hearken, ye women, and give ear * unto the voice of joy, for I * have trampled down tyrant
 Hades * and raised the world from corruption. * Hasten ye quickly and proclaim * the
 gladsome tidings to My friends; * for I have willed that joy shine forth * thence upon all My
 creation * from whence there first came forth sorrow.

Greek title: Γυναῖκες, ἀκουτίσθητε

DCS title: O women, hearken

PRACTICE PROSOMIA

TO THE MELODY, "HEARKEN, YE WOMEN"

AUGUST 24

SAINT COSMAS OF AETOLIA, THE EQUAL TO THE APOSTLES

EXAPOSTILARION

Taking the saving Cross of Christ * upon thy shoulders valiantly, * thou wroughtest bountiful wonders * through its invincible power, * healing the sick and casting out * the demons from men's souls and ways, * and lastly, plaiting for thyself * the shining crown of a Martyr, * O Cosmas, peer of Apostles.

JANUARY 17

SAINT ANTHONY THE GREAT

EXAPOSTILARION

Thou from thy youth didst undertake * a new way no man trod before, * and thou didst walk it with fervour * unto the end without swerving, * obeying Christ's new law of grace, * God-bearing Father Anthony; * and dwelling in the wilderness, * thou wast its first great instructor, * thou highest peak of monastics.

OCTOBER 9

THE HOLY APOSTLE JAMES, SON OF ALPHEUS

EXAPOSTILARION THEOTOKION

All of the Prophets prophesied * of thee, O Virgin, calling thee * a rod and tablet and vessel * and as a never-hewn mountain, * a table and a holy ark, * a lamp stand all ablaze with gold; * and as for us, we sing thy praise * as God's immaculate Mother, * as it is fitting and seemly.

OCTOBER 6

THE HOLY AND GLORIOUS APOSTLE THOMAS

EXAPOSTILARION

Christ God, the great majestic Sun, * to India doth send thee forth, * a ray of manifold brightness, * that thou shouldst mightily drive off * all gloomy error from the land, * enlight'ning peoples to adore * the Holy Trinity, by Whom * we all are guarded, O Thomas, * thou wise Apostle and teacher.